SET IN THE BEAUTIFUL WILDERNESS of Searcy, Arkansas, Capstone Treatment Center is a licensed residential therapy center for young men ages 13 to 25 struggling with addictions, behavioral and attitude issues, co-occurring disorders, trauma, family conflict, and struggles with relinquishment and adoption.

Healing the past.
Embracing the present.
Redeeming the future.
Let us be your partners in healing.

"THE STONE THE BUILDERS REJECTED HAS BECOME THE CAPSTONE."
PSALM 118:22

welcome to capstone
Canine Companion Therapy

Capstone’s unique therapeutic approach begins with Canine Companion Therapy. Every resident receives an American Kennel Club (AKC)-registered Labrador retriever puppy upon admittance, forming a special relationship full of unconditional love and acceptance. After graduation, the Labrador serves as a recovery companion and constant reminder of the Capstone experience.
THE CORE MODEL is an Integrated Systems Model that incorporates Family Therapy, Interpersonal Neurobiology, and Adventure Therapy with issue-driven specialty training in trauma and multiple addictions. The Core Model helps discover the underlying issues of the resident and/or family—not just the symptoms. With this information, a comprehensive plan is developed that continues throughout treatment and two years after.

FAMILY IS THE STRONGEST SUPPORT SYSTEM one can have, and that love is critical during the healing process. More than 70 hours are dedicated to Family Therapy during the course of treatment and beyond. This includes weekly phone sessions, individual family therapy during Family Week and Family Retreat, and weekly phone consultations for three months post-graduation.

ONCE DEVELOPED addiction is an irreversible condition of the brain that is typically referred to as a disease. The treatment goal is to learn to manage it in a way that allows a life of deep relationships, health, fruitfulness, and fulfillment.

The 12 Steps, with God as the higher power, and resources like the 12 Step Fellowships are vital in recovery, especially in the first 2-3 years after treatment. The 12 Steps are crucial both during treatment and in aftercare.
length of stay

DIFFERENT PROFESSIONAL STUDIES, as well as experts in the field of drug abuse, state that longer treatment programs are crucial to ending the relapse-rehab cycle. National Institute on Drug Abuse (NIDA) researchers referred to a well organized and conducted 90-day program as “the Gold Standard” in treatment. Capstone’s program averages between 90 and 105 days.
**INDIVIDUAL THERAPY**
- 1-to-2 therapist/resident ratio
- All therapists either hold PhD’s or Master’s degrees
- Minimum 4 hours of Individual Therapy per week

**CANINE THERAPY**
- Each resident receives an American Kennel Club (AKC)-registered Labrador retriever puppy upon admittance
- The Labrador serves as a sober companion during and after treatment

**ADVENTURE THERAPY**
- Rope course
- Wilderness expeditions
- State-of-the-art weight room

**FAMILY THERAPY**
- Comprehensive family treatment plan
- Over 70 hours of Family Therapy

**POST-TREATMENT SERVICES**
- Weekly phone consultation with Primary Therapist for 3 months
- Two-day Family Intensive/Relapse Prevention Tune Up
- One weekend Family Intensive during the first 12 months

“You gave us a lot of direction and equipped us to bring him home. You helped us change the things that were needed in our own lives as parents.” — Mom from Michigan
Every aspect of the Capstone experience reflects Jesus Christ, but He is never forced on anyone. Capstone is not affiliated with a specific church, but rather simple Christianity. We accept residents of all beliefs, from atheist to devout Christian. The focus is spiritual growth toward a personal relationship with God through Jesus Christ, and cultivating truths that will stand on their own without faith, including honesty, purity, humility, and self-control.

Capstone’s Christ-centered focus and professional excellence forms a very powerful synergy. Each young man has been given special gifts and purposes that can be developed and used for good. It is in the crucible of struggles that God gives opportunities to grow and to develop the strengths needed to live life to the fullest. Every Capstone staff member genuinely strives to join residents and their families in this journey. That’s what makes Capstone such a special place.

Education
• All therapists either hold PhD’s or Master’s degrees, specializing in sexual addiction, trauma, and attachment issues.
• Capstone Founder, Adrian Hickmon, Ph.D., personally teaches each therapist in specialized graduate school for 211 years prior to being hired.

Training & Licensure Tracks
• Each therapist has received training certifications of Certified Sexual Addiction Therapist (CSAT) and Eye Movement Desensitization and Reprocessing (EMDR) Part II.
• All therapists are Licensed Professional Counselors (LPC) and/or Licensed Marriage and Family Therapists (LMFT).

Teamwork
• Our therapists are arranged into four different groups, each with its own Clinical Director tasked with overseeing treatment efforts.

“Capstone served our son completely. We were fighting for his life and for our lives and it was God that led us to here.”
— Dad from Arizona